



## Introducing 'From Dusk to Dawn' at Dodge Park

The most vexing problem for at-home caregivers is the difficulty managing loved ones who suffer from dementia at home. The issue is particularly magnified at night due to the known concept of the 36-hour day. This phenomenon is well known and documented within the geriatric community. The person who suffers from dementia tends to skip normal night sleep due to frequent naps during the daytime. As a result the person with dementia starts wandering at night, which leads to loss of sleep to the caregiver. Furthermore, the wandering might become a safety issue as people with dementia have been known to leave their homes and were found by the authorities with their pajamas and barefoot in the snow. Those less lucky were not found at all or died due to the exposure to the elements. The efforts of caregivers to keep their loved one asleep or just safe at night results in a myriad of physical, psychological, and financial problems for everyone involved. It is sleeplessness and weariness on the part of caregivers, frustration on the part of the loved one who has dementia, potential falls and injuries for both, the often dangerous use of psychotropic drugs to keep people (in vain) in their beds and not wandering the house, the loss of financial resources as \$\$ is doled out for at-night home health aides, etc.

Our answer to this problem is the introduction of our new and exciting 7:00 p.m. to 7:00 a.m. program called From Dusk-To-Dawn at Dodge Park. 'From Dusk to Dawn' extends Dodge Park's social-model Adult Day program to the night hours!

### From Dusk-To-Dawn At Dodge Park

The program will recognize the dignity and individuality of each person and offer to seniors the opportunity to engage in social and/or quiet activities, and rest in a secure and comforting environment. The From Dusk To Dawn at Dodge Park Rest Home will be an extension of our day time Social Model Adult Day Program, which is a social model day care program.

#### Special features include:

- Activities throughout the night (Music, Art, Horticulture Therapies, Alternative Therapies such as Massage, Meditation, "Spa Evening," Reiki, Aromatherapy and more, Reminiscence Groups, Morning Stretch, Yoga, Pet Therapy).
- A specially designed area for resting
- A safe, secure and supervised environment
- A nutritious dinner, snacks and breakfast
- Handicapped accessible door-to-door transportation

### When and Where Services are available

From Dusk To Dawn at Dodge Park Rest Home is offered 7 nights a week, 365 days a year from 7pm to 7am starting September 1, 2009, to persons residing in Worcester area and surrounding towns. The service will be available on a regularly scheduled service or as-needed basis with a minimum commitment of 2 nights a week.

### How Is The Program Unique?

From Dusk To Dawn at Dodge Park was adopted as a social model only base on the same program that running at the ElderServe on The Palisades that is affiliated with the world-renowned Hebrew Home at Riverdale NY. As of today they are the only overnight program in the country serving seniors with memory impairments during the night in a social and adult day health care model. From Dusk-To-Dawn at Dodge Park will be the only such program in the state of Massachusetts.

Participants of From Dusk To Dawn at Dodge Park will enjoy all the amenities offered by the Day Time Adult Day Care program. Should participants desire, participants will have priority access into the Dodge Park Rest Home short-term respite program, subject to availability.

### Is From Dusk To Dawn at Dodge Park Right For My Family?

I am often woken up by my family member at night  
Yes  No

My family member would benefit from more social stimulation  
Yes  No

My family member has a tendency to wander at night  
Yes  No

My family member needs nighttime supervision  
Yes  No

I want to prolonged the stay at home of my family member  
Yes  No

It is more difficult to care for my family member in evening and nighttime  
Yes  No

I cannot afford a private duty attendant or one-on-one care at home at night  
Yes  No

If you answer 'YES' to any of these questions, perhaps we can help.

For more information and to initiate the application for enrollment please contact Micha Shalev, and Ben Herlinger at Dodge Park at (508) 853-8180. Space is very limited!!!



## DODGE PARK REST HOME

### Celebrating 43 Years of Caring

Come and visit **Dodge Park Rest Home** and find out how your loved one can be cared for in a unique setting with quality custom services tailored to maximize their physical, cognitive and social well being.

#### Dodge Park Rest Home's unique concept of care includes:

- Memory impaired program
- Complete medication management program
- RN and Medical Director available 24 hours
- Unlimited assistance with all activities of daily living
- Daily therapeutic bath / shower
- Activity program 7 days a week
- Special diet and food accommodations
- Transportation arrangement
- All inclusive - All included program
- 24 hour care and supervision
- Post hospital/Rehab / Surgery care



**Come Visit & Discover the Difference at:**

## DODGE PARK REST HOME

101 Randolph Road, Worcester, MA 01606

**For more information call Micha Shalev or Ben Herlinger at 508-853-8180**