

Your Brain Health Lifestyle Program

November 12, 2008_3:00 Ð 8:30 p.m.

Clayton Hall
University of Delaware
Newark, Delaware

3:00 Ð 4:00 p.m.

Registration and Exhibits

Exhibitors will promote or support one or more of the five components that Dr. Nussbaum believes are necessary for good brain health. Most will be interactive.

4:00 Ð 5:30 p.m.

A facilitated conversation with three senior Delawareans who promote and/or exemplify healthy brain lifestyles.

5:30 Ð 7:00 p.m.

Reception and Exhibits_Meet and greet Dr. Nussbaum, book signing, demonstrations, interaction with exhibitors, food and beverages

7:00 Ð 8:30 p.m.

Dr. Nussbaum, keynote presentation with Q & A_Dr. Nussbaum's presentation will be broadcast to Sussex County and videotaped

Support for this free event comes from:_AstraZeneca, RSVP, WHYY Ð 12, and Coming of Age Delaware