

# Letters to Prospective Community Partners and Participants

Name, Organization, Address, City, ST, Zip

Dear,

The Wilmington Senior Center completed the first phase of The Time of Your Life health and wellness initiative in December 2006. This outreach effort provided hundreds of older adults with important information about healthy aging through a three year endeavor that included quarterly health forums, newsletters and educational resources for senior centers. Participants were encouraged to make a personal wellness pledge to help them improve their overall well-being. Generous support from AstraZeneca and the Division of Services for Aging and Adults with Physical Disabilities made this program possible.

Our planning team is now developing a second phase of The Time of Your Life that will focus more closely on memory and brain health as key elements of effective aging through programs that are delivered in smaller, community settings. Because you were a valued partner in the first part of our initiative, we would like you to join us in the design and planning process. Some of the stakeholders we're inviting may have existing services that emphasize "brain power" and with whom we can collaborate to reach as many people as possible with needed information. Others represent the community of older adults and can offer a unique perspective regarding their needs and preferences.

We have scheduled a meeting for community partners for Tuesday, May 1st at 9:00 a.m. at the Wilmington Senior Center and hope you can join us then.

Please contact me at 651-3460 or [srgetman@wilmingtonseniorcenter.org](mailto:srgetman@wilmingtonseniorcenter.org) to let me know if you're interested in this project and able to attend one of the meetings. We look forward to working together to promote cognitive fitness among boomers and older adults.

Thank you.

Sincerely,

Susan R. Getman

Executive Director